

**SOUTH AFRICAN SENIOR & COMBINED EVENTS CHAMPIONSHIPS**  
**Germiston Stadium - Ekurhuleni - 25 to 27 April 2019**



**REVISED TIME TABLE**

**RULES OF IAAF and ASA**

**DAY TWO - FRIDAY, 26 April 2019**

**MORNING SESSION**

Event No	Time	Event	Category	Round	Comments
33	08h00	High Jump	Boys U/18	Decathlon	
34	08h00	High Jump	Men U/20	Decathlon	
35	08h00	High Jump	Senior Men	Decathlon	
47	TTBD	110m Hurdles	Senior Men	Decathlon	106.7cm
48	TTBD	110m Hurdles	Men U/20	Decathlon	99.1cm
49	TTBD	110m Hurdles	Boys U/18	Decathlon	91.4cm
39a	09h00	Long Jump	## PARA Senior Women ##	Final	
50	09h00	100m Hurdles	Senior Women	Heptathlon	83.8cm
51	09h10	100m Hurdles	Women U/20	Heptathlon	83.8cm
52	09h20	100m Hurdles	Girls U/18	Heptathlon	76.2cm
53	09h30	100m Hurdles	Senior Women	Heats	83.8cm - Final Item 85
54	09h45	200m	Senior Women ( <i>incorp PARA</i> )	4 x Heats	Semi-Finals Item 76
55	TTBD	Discus Throw	Boys U/18	Decathlon	1.5kg
56	TTBD	Discus Throw	Men U/20	Decathlon	1.75kg
57	TTBD	Discus Throw	Senior Men	Decathlon	2kg
58	10h00	Javelin	Mixed PARA Women	Final	
59	10h15	200m	Senior Men	7 x Heats	Semi-Finals Item 78
60	10h30	High Jump	Girls U/18	Heptathlon	
61	10h30	High Jump	Women U/20	Heptathlon	
62	10h30	High Jump	Senior Women	Heptathlon	
63	10h45	800m	Senior Women ( <i>incorp PARA</i> )	3 x Heats	Final Item 126
64	11h00	Javelin	Mixed PARA Men	Final	
43	11h15	800m	Senior Men ( <i>incorp PARA</i> )	5 x Heats	Semi-Finals Item 65
66	TTBD	Pole Vault	Boys U/18	Decathlon	
67	TTBD	Pole Vault	Men U/20	Decathlon	
68	TTBD	Pole Vault	Senior Men	Decathlon	
69	11h30	400m	Mixed Age MASTERS Women	Final	
70	11h35	5000m	Senior Men	Heats	Final Item 130
44	TTBD	400m	Boys U/18	Decathlon	
45	TTBD	400m	Men U/20	Decathlon	
46	TTBD	400m	Senior Men	Decathlon	

**Day 2**

**AFTERNOON / EVENING SESSION**

Event No	Time	Event	Category	Round	Comments
71	15h30	800m	Mixed Age MASTERS Men	Final	
72	15h30	Triple Jump	Senior Men	Final	13m
73	15h30	Shot Put	Girls U/18	Heptathlon	3kg
74	15h30	Shot Put	Women U/20	Heptathlon	4kg
75	15h30	Shot Put	Senior Women	Heptathlon	4kg
76	15h45	200m	Senior Women	2 x Semi-Finals	Final Item 124
77	16h00	Hammer Throw	Senior Men	Final	7.26kg
78	16h00	200m	Senior Men	3 x Semi-Finals	Final Item 125
79	16h00	Javelin Throw	Boys U/18	Decathlon	700g
80	16h00	Javelin Throw	Men U/20	Decathlon	800g
81	16h00	Javelin Throw	Senior Men	Decathlon	800g
82	16h20	200m	T12 PARA Men	2 x TP Finals	
83	16h30	200m	Mixed PARA Men	Final	
84	16h50	110m Hurdles	Senior Men	Final	106.7cm
85	17h00	100m Hurdles	Senior Women	Final	83.8cm
86	17h00	High Jump	Senior Men	Final	
87	17h00	Triple Jump	Senior Women	Final	11m

88	17h10	200m	Girls U/18	Heptathlon	
89	17h20	200m	Women U/20	Heptathlon	
90	17h30	200m	Senior Women	Heptathlon	
91	17h45	1500m	Boys U/18	Decathlon	
92	18h00	1500m	Men U/20	Decathlon	
93	18h15	1500m	Senior Men	Decathlon	
94	<b>18h30</b>	<b>3000m Steeple Chase</b>	<b>Senior Men</b>	<b>Final</b>	<b>91,4cm</b>
95	<b>18h50</b>	<b>3000m Steeple Chase</b>	<b>Senior Women</b>	<b>Final</b>	<b>76,2cm</b>
96	19h10	400m	Senior Men	Semi-Finals	<b>Final Item 118</b>
97	<del>19h20</del>	400m	<del>Senior Women</del>	<del>Semi-Finals</del>	<b>Final Item 117</b>
98	<b>19h30</b>	<b>1500m</b>	<b>Senior Men</b>	<b>Final</b>	
99	<b>19h45</b>	<b>1500m</b>	<b>Senior Women</b>	<b>Final</b>	